

# The Value of Fathers

by Chris Phillips

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*A Free Father's Day Devotional from  
Selah International Counseling Ministries*



## **Day 1: Abba, Father - Our Identity Begins in Him**

*"For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father." Romans 8:15*

God, the Creator of the universe—eternal, sovereign, all-knowing—desires to be known as "Abba" Father. This is not a distant title, but a deeply personal name, like "Daddy" that promotes intimacy and trust. Through the blood of Christ (Colossians 1:20), we are not only forgiven but adopted. This means that manhood is not first about strength or success—it is about **sonship**. The world says a man must prove his worth; Scripture says a man receives his worth from God. **It is our identity in Christ that teaches us who we are meant to be as men.**

### **Application:**

- **Knowing:** Do I truly know God as Abba, my Father? Recall and share about the time when God became your Abba. If not, why not draw near to Him today and ask Him to be your Father? (John 1:1-4; 9-14)

- **Being:** Am I living as a beloved son or striving to earn worth? What areas do I need to adjust my perspective?

- **Doing:** How will resting my identity as a child of God affect my relationships with others? How does this change my perspective as a son, father, husband, or worker?



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## Day 2: The War on Fatherhood

*"Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour." 1 Peter 5:8*

The enemy knows the power of a father. That's why he has launched an all-out assault against manhood and fatherhood. He has invaded culture, media, education, and even the church. The core message that men are not needed has deeply undermined God's design. The results are visible: confusion, despair, and aimlessness in young men. But this is not just a cultural issue; it's a spiritual war. (1 Peter 2:11) Satan wants to sever the image of God reflected through godly men. If he can destroy fathers, he can cripple families, communities, and future generations.

### **Application:**

- **Knowing:** How do I see the effects of the spiritual battle being waged against biblical manhood in my own life?

- **Being:** What lies have I believed about my identity as a man?

- **Doing:** What steps will I take this week to actively resist the Enemy's attacks and stand firm in God's truth?

### **Day 3: A Fatherless Generation**

*"...He shall turn the heart of the fathers to the children, and the heart of the children to their fathers..." Malachi 4:6a*

We are witnessing the heartbreaking consequences of a generation growing up without strong, godly fathers. As culture blurs gender roles and diminishes the role of men, many young men find themselves adrift—struggling with feelings of worthlessness. You may know some men in your life who have become casualties of suicide or addiction. The loss of identity is real, and it's painful, but God's heart is to restore. He longs to turn fathers back to their children and restore dignity to manhood. His desire is for you to walk in the fullness of who you were created to be: a man who finds his security and identity in knowing and serving Christ.

#### **Application:**

- **Knowing:** Describe why godly fatherhood is vital in our culture.
- **Being:** Are there broken relationships in my life or in my sphere of influence? In what ways is God calling me to be a part of the restoration He desires to bring?
- **Doing:** List the areas in which you need guidance and discipleship from other godly men. Who can you reach out to this week so that you can receive godly mentorship in these areas? Is there another younger believer that you could mentor or disciple?



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## Day 4: Manhood Under Fire

*"Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee." Deuteronomy 31:6*

Today's culture redefines masculinity as toxic and unnecessary. Biblical manhood is mocked, misunderstood, and maligned. God's Word gives us a definition that is radically different from any worldly standard. Being a man isn't about dominance or silence—it's about servant leadership, strength under control, responsibility, and self-sacrificial love. Jesus was the perfect example of manhood: strong, compassionate, holy, and humble. The distortion of manhood is meant to obscure the image of God from His creation. We must reject the subtle lies and refuse to shrink back in fear.

### **Application:**

- **Knowing:** What are some of the messages that I have internalized about masculinity that are not biblical?

- **Being:** How can I allow God's Word to define my identity as a man? What are some specific passages that I could study?

- **Doing:** How can I embrace and demonstrate godly masculinity this week in my life? Which passage of Scripture will I memorize and meditate on?

## **Day 5: Created in His Image**

*"So God created man in his own image, in the image of God created he him; male and female created he them." Genesis 1:27*

Every male and female is born with value and dignity because they are made in the image of the Creator. Our worth becomes unstable when we go through life thinking that other people or things determine our value. Our dignity and purpose does not come from our job, our spouse, our financial position, or our performance. Your value as a man is not assigned by society—it was established by your Creator, God who made you **in His image**. This means that you were made to reflect His character, authority, creativity, and strength. Your manhood is not a social construct—it is sacred. Being male is part of God's intentional design, and, when men walk in their true identity, they reflect the image of their Creator. Rejecting that design leads to confusion; embracing it brings clarity, purpose, and life.

### **Application:**

- **Knowing:** Do I believe I was intentionally created by God with purpose and value? What Scriptures remind me of this truth?

- **Being:** How does the belief that I bear God's image change the way I see myself? How does it change my perspective of my relationships and responsibilities?

- **Doing:** What practical step can I take this week to live in alignment with my God-given design?



## Day 6: The Value of a Man

*"What is man, that thou art mindful of him? and the son of man, that thou visitest him? For thou hast made him a little lower than the angels, and hast crowned him with glory and honour."*

Psalm 8:4–5

In a culture that often treats men as disposable or dangerous, God crowns men with **glory and honor**. You are not worthless. You are not unnecessary. You are not a mistake. The value of a man doesn't come from performance, possessions, or popularity—it comes from being made in the image of God and called according to His purpose. When we let culture define us, we feel lost. When we let God define us, we are found. As men, our role is to reflect God's strength, protection, and provision—not through pride, but through humble, Spirit-filled leadership.

### Application:

- **Knowing:** What does it mean to be crowned with glory and honor? Do I measure my worth by the world's standards or by God's?

- **Being:** Am I living as one crowned with honor, or shrinking in shame? Why?

- **Doing:** How will I humbly affirm and embrace my God-given value this week?

## **Day 7: The Call to Biblical Manhood**

*"Watch ye, stand fast in the faith, quit you like men, be strong." 1 Corinthians 16:13*

God is calling men to rise—strong not in worldly power, but in spiritual courage. Biblical manhood is not passive. It watches. It stands firm. It acts like a man: responsible, courageous, and sacrificial. The time for confusion is over. The time for compromise is past. We must be men who reflect our Father—Abba—in how we lead, protect, serve, and love. It starts with surrendering to Christ and being filled with His Spirit. Then, we live as sons who walk boldly, mentor faithfully, and leave a legacy of righteousness.

You are not alone in this. God has equipped you, called you, and will empower you. *Have the courage to speak truth, even when some do not like it. Have the courage to lovingly confront sin in others and have the courage to be confronted with sin in your own life. Have the courage to admit when you have blown it and to forgive when others let you down. Have the courage to be honest with trusted friends about your own personal struggles and failures. Have the courage to fight against bitterness and to forgive when you or someone you love has been hurt while trying to help others. Have the courage to be unnoticed, unthanked, and unlike even when your motives are pure, and you are in the right. Have the courage to get help when you are struggling.*

### **Application:**

- **Knowing:** Using Scripture, write out God's calling on your life as a man.

- **Being:** What specific ways can you see yourself becoming the man God created you to be?

- **Doing:** What is one commitment that you can make today to live out biblical manhood? Why is this commitment important?