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Dear Pastors, Friends, and Partners of Selah International,

We thank you all for your prayers for Selah Refresh 24! Together, we were called on to apply Scripture to our hearts as ministry leaders, and we were ushered to the throne by lifting our voices in unified praise and prayer. We were reminded that it is truly a privilege to serve Him. In the words of the ministry leaders who attended, it



was “practical”, “helpful”, “worshipful”, “encouraging”, and “gave us so much to think about”.



Each one of your prayers and donations made a difference in the lives of all who attended. Thank you!

before January 31st 2025 will receive a 15% discount, so make sure to go ahead and sign up to reserve your spot by scanning the QR Code or click [here](#) to register.

The dates for SR25 will be Monday-Wednesday, November 10-12, 2025, at the Wilds of NC. Those that sign up



In addition to our annual Refresh, back in October we had the privilege of visiting **Emmanuel Baptist Church in Winchester, VA with Pastor Steven Rebert** and **New Life Baptist Church in Converse, TX with Pastor Matt Green**. Over the last two months, it has been our joy to host nine ministry couples on the Selah Property. A few came from Ohio and Virginia. We had other leaders that came all the way from India and New Zealand. Some received rest and refreshment while others came for counsel. What a privilege to see and hear of God’s grace in the lives of these dear servants.

Amid traveling to churches to serve and present Selah International, there is a constant rhythm of counseling no matter where we are. In order to meet the many requests for care, the Lord has provided seven men and women who serve as associate counselors. These spiritual leaders serve in other ministries, yet they gladly pour into the lives of pastors, missionaries, women in ministry, and children of ministry leaders. Although 2020 brought challenges to all of us, it proved that it is possible to effectively connect virtually with people all around the world. If you are in need, don’t hesitate to reach out to us at selahinternational.org.

Over the last two months, we have begun meeting with new counselees with some very challenging and seemingly hopeless situations. But we praise God that we have also been able to conclude counseling with counselees who have now become dear friends. God has reconciled families who were divided, He has restored marriages that were hanging on by a thread, and renewed missionaries who were disillusioned and ready to quit. At Selah, we have a front row seat to see Romans 15:13 be made a reality in brokenness and despair. To God be the glory!

*“Now the God of hope fill you with all joy and peace in believing, **that ye may abound in hope, through the power of the Holy Ghost.**” (Romans 15:13)*

In order to be able to provide this level of counseling and accomplish our mission, we need your help! The theme of our Refresh Retreat this year was drawn from Psalm 3:1-4:

*“LORD, how are they increased that trouble me! many are they that rise up against me. Many there be which say of my soul, There is no help for him in God. Selah. **But thou, O LORD, art a shield for me; my glory, and the lifter up of mine head. I cried unto the LORD with my voice, and he heard me out of his holy hill. Selah.**” (Psalm 3:1-4)*

In 2025, our focus will be to encourage ministry leaders to pause, ponder, and praise in the difficult situations they face. We will do our best to encourage them to recall God’s unchanging character and His constant presence in their lives. When we encourage God’s servants, they are strengthened to meet the needs of those they shepherd. We need your help to make that happen this year!



We need at least \$60,000 to help us be able to serve more ministry leaders with counseling scholarships, ministry coaching, and service in their churches all over the world. For any donation of \$200 or more, you will receive this custom Selah tumbler.

Not only will your donation help us serve pastors and missionaries, but it will also be a reminder for you to pause, ponder, and praise in the difficult situations of your life.

If you are willing to invest in the lives of pastors and missionaries, you can do so under the donate now page at selahinternational.org or by scanning this QR code.



We are grateful for each of you who faithfully pray, give, and encourage us here at Selah as we care for your ministry leaders. God bless you!

*Only by His Grace,
Chris Phillips*