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## Dear Pastors, Friends, and Partners of Selah International.

We are so grateful for how many of you fervently pray for us here at Selah. We are ever mindful of our dependency on our Lord and on your faithful partnership. Many of you communicate so well how you are praying for all the ministry leaders to whom we are ministering every week. Like your prayers, much of the work of Selah is done "behind the scenes." Since the beginning of the year, the counselors with Selah International have provided over 220 virtual sessions with counselees from around the globe. Before Covid, we did not believe that virtual interaction could be as effective as in person. However, we have seen that virtual counseling can absolutely be transformative! Although there are many legitimate concerns with technology today, it is being used by the Lord at Selah to accomplish His work.

Another way that we accomplish the work of encouraging ministry leaders, is through our annual Selah Refresh for Men and Women in Ministry. For the very first time, the Selah Refresh Retreat will be held at the Wilds in North Carolina, Monday-Wednesday, November 10-12, 2025. Pastors and missionaries, please make plans now to attend. Church members, inform your church leaders about the retreat and make it possible for them to attend so they can be strengthened to serve your local church even better. (See page two for more details) Scan the QR code to sign up today!



April 2025

This time of year, the Selah staff travels often. It is a busy season, but it is also a joyous season of meeting



new people and reconnecting with old friends. We are grateful for the Pastors who have allowed our team to present the ministry of Selah to their people with the hopes of being able to partner with us for the advancement of the gospel around the world. There have also been many opportunities for us to encourage and strengthen ministry partners that have already been supporting Selah for some time.

We were privileged to be able to speak to the college students at Pensacola Christian College in February. Dawn spoke to the college girls on "Emotions" and Chris spoke to the college men on "Biblical Manhood." In addition, we are invited to be quest lecturers every spring in the **Biblical Counseling classes at PCC**. The students are thirsty for biblical answers for problems in their own lives and for those around them that are hurting. We pray that seeds will be planted in their hearts that will spring up into fruitful ministry in the years to come. God gives the increase!





In addition, the PCC Ministry Enrichment Conference was an amazing opportunity for Dawn and me to be able to speak into the lives of dozens of ministry couples. Dawn poured into the ladies by addressing issues such as Overcoming Fear with Faith, Waiting on God, and Expectations in Ministry. I provided practical help for Conflict Resolution and Diagnosing and Preventing Burnout. Being able to rub shoulders with these men and women in ministry encouraged and refreshed us as well!

As we have interacted with God's servants, we have noticed many of them struggle because they do not see God working or because they do not feel His presence. When we experience those seasons, we must be reminded to draw near, by faith, through His Word. You've heard these truths before but take a moment to meditate on them again.

- You are never out of sight or out of mind to God (Psalm 139:7–10).
- He sees you and cares about everything that happens to you (Luke 12:6-7). •
- He clearly reveals Himself (John 15:15). •
- He hears you (Psalm 6:8-9). •
- He is a refuge in your crisis (Psalm 46). •
- He laid down his life for you (John 3:16; Romans 5:6-8). •
- He forgives all your sins (Psalm 103:1-5).
- His mercies are new every morning (Lamentations 3:21-24).

Feeling God's presence uplifts us but neglecting His Word in the moments when we are not seeing Him work or sensing His nearness, blinds our hearts and breeds bitterness. Your feelings do not cancel God's Truth. If you will choose to think Truth instead of following your feelings, you will bear fruit in His perfect time.

## Only by His Grace, Chris Phillips